

Senior Citizens of Reynoldsburg (SCOR)
1520 Davidson Drive, Reynoldsburg, Ohio 43068
614-866-5890 or www.ci.reynoldsburg.oh.us

Staff: Judy Doran, Eileen Lawson, Lydia Bellknap and Della Dresbach

Officers: President – Sue Miller; Vice President –
Treasurer – Ed Slattery; Secretary- Mary Theodores

Monday 8:00 a.m.-7:00 p.m.

Tuesday 8:00 a.m.-4:00 p.m.

Wednesday 8:00 a.m.-9:00 p.m.

Thursday 8:00 a.m.-4:00 p.m.

Friday 8:00 a.m.-9:00 p.m.

Saturday 8:30 a.m.-3:30 p.m.

Sunday - closed

Holidays - closed



January & February, 2017



ANNOUNCEMENTS AND SPECIAL EVENTS

GET WELL We hope you feel better to Mary Peterson, Lou Campbell, Geri Green, Elsie Losoncy, Alice Stickelmier, Jo Riffle, Ruth Shillinger, Sue Turner, Carolyn Cole, Sarah Cannella, Shannon Gallegos, Abby Leithart, Lee Siegal, Dusty Cottrell, Marge Colbert, Marie Long and others not feeling well. If you know of anyone that needs some sunshine, please call the office at 866-5890.

HELPING HANDS DONATIONS We are collecting items for our Reynoldsburg Helping Hands Food Bank. For January we are accepting "Hamburger Helper" type products and for February we are accepting canned beans (baked, kidney, green, navy, etc.). Thanks for your help!

LUNCHEON Our next SCOR luncheon will be in May!

MEMBER OF MONTH for January is Joan Phillips. Joan is one of our Golden Clefs Chorus singers and directors. She works hard getting music coordinated for the central Ohio performances. Thanks Joan!

MEMBER OF MONTH for February is Barbara Meadows. Thanks to Barbara for taking our extra or out of service books to a downtown homeless shelter. She provides so much for those that have so little. You can also catch her in one of the exercise classes!

MEMBERSHIP dues are \$15.00 for Reynoldsburg residents and \$20.00 if you live elsewhere. *Send a self-addressed stamped envelope* if you would like your membership card mailed. Please make your checks payable to City of Reynoldsburg.

NEWSLETTER collation is Wednesday, February 22 at 11:30 a.m. Pick up your newsletter early and help us get the newsletters out to the other members!

SPECIAL EVENTS – Friday, January 6 from 1:30-2:30 p.m. **Tech n' Teens** students from Reynoldsburg High School will be at SCOR. Did you get a new device and have some questions? Want to set up a FaceBook account? Bring your device and the students will help you work out the kinks. Sign up for a one-on-one with the tech-savy students.

– Tuesday, January 10 at 11:15 a.m. **Stephanie Blaine** from **Clear Captions** will be here presenting the free CaptionPhone! She offers a variety of hearing aids and hearing healthcare services. Call to let us know you are coming!

-Saturday, January 14 from 11-1:00 p.m. **Alan Meisterman**, *Ohio Senior Health Insurance Information Program (OSHIIP) Volunteer* will be here to answer any questions you may have concerning Medicare and/or supplemental insurance. Call the office to schedule your 30 minute appointment.

- Thursday, January 19 at noon **Crafting with Cookie**, create your one of a kind silk scarf. You can see a sample of these beautiful scarfs in the office. You will make and take home your scarf the same day. The price is \$9. Please call to reserve your spot.

- Friday, January 20 at 9:00 a.m. **James Hardgrove, Esq.** will be presenting, "Importance of Organizing Documents, Assets and other Information".

- Tuesday, January 24 at 11:30 a.m. join **Ashley Charles** from **Rehab of Gahanna** for a *Heart Healthy Discussion!* Ashley will have some healthy snacks to share and lots of important information on your heart health. All are welcome!
- Tuesday, January 24 from 9-2:00 p.m. **Heather Wilson, RN, CFCN**, from *Everyday Divinity* is scheduling 30 minute treatments for your feet, including gentle nail care, corn and callous buffing along with a complete foot assessment. Please call to schedule your treatment \$27.
- Thursday, February 9 at 2:00 p.m. **New Member Information Meeting** for all new members needing more information about SCOR and/or wanting to meet some of the staff and members. Let us know if you are interested in coming!
- Saturday, February 11 from 11-1:00 p.m. **Alan Meisterman**, *Ohio Senior Health Insurance Information Program (OSHIIP) Volunteer* will be here to answer any questions you may have concerning Medicare and/or supplemental insurance. Call the office to schedule your 30 minute appointment.
- Thursday, February 16 at noon **Kate's Kustom Wreaths LLC** will be at SCOR teaching us how to make a beautiful patriotic wreath. You have your choice of which wreath to make, so come to the office to see the samples. \$35 pays for all the supplies and instructions for this make and take wreath that you will use all year! Call the office to reserve your spot.
- Friday, February 17 at 9:00 a.m. **James Hardgrove, Esq.** will be presenting, "*Advanced Directives: Discussion of Living Wills, Health Care Powers of Attorney, and Declaration of Funeral Arrangements, Disposition of Body*".
- Tuesday, February 21 at 11:30 a.m. **Will Stanley**, Physical Therapist from **Reynoldsburg NovaCare** will discuss the "*Sore Shoulder*". If you have been living with a bad shoulder, come learn about the possibility of living pain free with physical therapy. Please call to reserve.
- Tuesday, February 28 from 9-2:00 p.m. **Heather Wilson, RN, CFCN**, from *Everyday Divinity* is scheduling 30 minute treatments for your feet, including gentle nail care, corn and callous buffing along with a complete foot assessment. Please call to schedule your treatment \$27.

SYMPATHY

SCOR extends our sympathy to the families of Rene Yandrich, Kay Lyle, Carol Elifritz, Don Johnson, Robert McNamer, Ross Gaiteri, Jo An Mossburg, Tom Hughes, and Phyllis Burns. Condolences go out to Jim Fornia on the loss of his wife, Charlene. Our thoughts and prayers are with you.

TAX PREPARATION

Beginning Tuesday, January 3 at 8:00 a.m. AARP will begin taking tax preparation appointments for Tuesdays and Thursdays from February 2 - April 13. The tax aids will not be able to access your old 2015 income tax filings, so please remember to bring your 2015 income tax records along with a picture ID when you come to SCOR to have your taxes processed. Please call the office to schedule 614-866-5890.

ARTS AND CRAFTS

- ART** *Wednesdays from 2-4:00 p.m.* - \$8 plus materials. Open format art class that includes in-progress projects from fused glass, stained glass, wire, and/or watercolor classes. Brenda Mason will be available to facilitate.
- CARD CRAFT** *2nd & 4th Wednesdays from 9-11:00 a.m.* (August-June)- \$5.00 for supplies. Make your own greeting cards with Ruth Shillinger.
- FUSED GLASS** *Mondays from 9:30-11:30 a.m.* with Brenda Mason - \$8 plus materials. Learn to cut hot glass and apply layering techniques to make jewelry or other unique projects.
- HOOKS & NEEDLES** *Mondays at 1-3:00 p.m.* We do crochet, knitting, needlepoint, cross-stitch and any other type of hook or needle work. This group will keep you in stitches.
- QUILT CLASS** *Every other Tuesday at 9:30 a.m.* (September-June)- \$5 per class. Learn new and creative quilt techniques with Nancy Ockay. Check your calendar for dates.
- STAINED GLASS** *Mondays from 1-3:00 p.m.* with Brenda Mason \$8 plus supplies. Learn cold glass cut and grind techniques for window panels or sun catchers.

WATERCOLOR *Fridays from 9-11:00 a.m.* with Brenda Mason \$8.00 plus supplies. Learn techniques for painting your choice of source material (could be transparent, watercolor, mixed media, or collage).

WIRE WRAP *1st and 3rd Fridays at 11:30 a.m.* for advanced with Brenda Mason \$8 plus supplies. Apply wire skills to a variety of wrapping projects.

2nd and 4th Fridays at 11:30 a.m. for beginners with Brenda Mason \$8 plus supplies. Learn proper tool usage and techniques in wire working.

WOODCARVING *Thursdays from 9-11:00 a.m.* Everyone is welcome to come and learn to carve.



EDUCATION AND SERVICES

CARTRIDGE RECYCLE STATION Bring in your toner cartridges for us to recycle.

COUPON EXCHANGE Bring in your unused coupons and take some coupons to the store to get some great deals. The basket is on the back counter.

CURRENT EVENTS *1st & 3rd & 5th Wednesdays 9:30-11 a.m.* We'll talk about current events on TV, newspapers, magazines, etc.

DVD LIBRARY In addition to the book library, SCOR has a lending DVD library. You can donate your DVD's and/or borrow our DVD's.

FOOT CARE The 4th Tuesday of the month Heather Wilson, RN,CFCN of Everyday Divinity will be at SCOR from 9-2 to care for your feet. A 30 minute appointment cost \$27. Call 614-866-5890 to schedule an appointment.

GLASSES SCOR collects old eye glasses to donate to The Lions Club Sight Program.

LAWYER *3rd Friday at 9:00 a.m.* Jim Hardgrove, Attorney-at-Law. Monthly topics are listed in the speaker section of the newsletter.

LIBRARY We have a lending library at SCOR being organized by Dana & Sue Miller.

NOTARY PUBLIC Please call to check when Judy Doran or Lydia Bellknap, our Notary's, are available.

OSHIIP *Ohio Senior Health Insurance Information Program* Volunteer Allan Meisterman will be at SCOR on certain Saturdays to answer Medicare and supplemental insurance questions/concerns. Call 614-866-5890 to make an appointment.

ON THE LIGHTER SIDE *2nd and 4th Wednesdays 9:30-11:00 a.m.* Take a look at life from a lighter perspective, focusing on the positive!

SERVICES We have Living Will forms, handicapped parking applications, Homestead applications and Golden Buckeye applications.

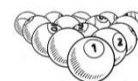
SUGGESTIONS We do have a suggestion box in the reception area, if you have any ideas or requests for SCOR.



EXERCISE AND WELLNESS

ARTHRITIS EXERCISE *Mondays 11:00 a.m.* with Linda McKinney and *Wednesdays at 9:30 a.m.* with Eileen Lawson -- Range of Motion exercises performed in a chair. This class is a great way to start back into exercising.

- BALL EXERCISE** *Tuesdays at 9:00 a.m.* with Judy Doran. Come for this core and balance workout. Bring your own ball and mat.
- BALLROOM** *Mondays at 6:00 p.m.* Ballroom Class \$5.00. Stan Campbell-Place will be teaching most American & Latin Dances.
- LINE DANCING** *Mondays at 4:00 p.m. and Saturdays--Beginners at 9:00 a.m. and Intermediate at 10:00 a.m.* \$1 donation for all classes. Get in line with Barbara Carlson, Instructor.
- PICKLE BALL** *Saturdays from 1:00-3:00 p.m. and Wednesdays from 7:00-9:00 p.m.* Get in on the fun! SCOR will have all the equipment to play this team sport. You do not need a partner, just come to play round robin!
- SILVER SNEAKERS CARDIO & STRENGTH** *Mondays and Wednesdays at 9:00 a.m. or 10:00 a.m.* with Leah Siefert. Free to any Silver Sneakers Member (SSM) and \$20/5 classes for non-SSM. We work with balls, tubing and weights to increase our strength and function! SSM should bring your cards.
- SILVER SNEAKERS RANGE OF MOTION (ROM)** *Saturdays at 11:30 a.m.* with Becky Sonner. Free to any Silver Sneaker Member (SSM) and \$10/month for non-SSM. We work on strength, range of motion and balance! SSM should bring your cards.
- T'AI CHI** *Fridays at 9:00 a.m. and Wednesday evenings at 5:30 p.m.* \$20 Tai Chi registration fee for all participants. Membership contributions are as follows: \$30/month, \$79 for 3 months, \$149 for 6 months, or \$300 annually. New sessions begin in January & July. See instructor if you have any questions.
- TOTAL FITNESS** *Tuesdays & Thursdays 10:00 a.m.* with Judy – Physical Therapy bands help to build strong muscles and increase bone density. A little aerobics and stretching, too!
- YOGA** *Mondays at 10:50 a.m. and Wednesdays & Fridays at 11:50 a.m.* with Lynn Spichiger instructor. (4 sessions \$20.00) (walk-in fee \$7.50). Exercise program designed for those over 55
- ZUMBA GOLD** *Fridays at 10:10 a.m.* Classes are \$5 or you can purchase a card of 10 classes for \$40. Join Carolyn Strayer for this fun dance/exercise class. No experience necessary and levels are designed for seniors.



GAMES AND ENTERTAINMENT

- BID EUCHRE** *Wednesdays at 1:00 p.m.* We are looking for some new players! Come join the fun and we'll teach you to play!
- BINGO** *Every other Friday at 6:00 p.m.* 50¢ a card. You must be a paid up member to participate! Check your calendar for dates.
- BOCCE** We have a bocce court outside SCOR. Come brush up your bocce skills or learn to play a new outdoor game. The bocce balls and rake are in the office!
- BRIDGE** *Thursdays at 12:15 p.m. noon Party Bridge; Fridays at 12:15 p.m.* Duplicate Bridge.
- CANASTA** *Fridays at 1:00 p.m.* Hand and Foot style!
- CHORUS** *Tuesdays from 1-3:00 p.m (September-June).* The Golden Clefs welcomes all members to bring music and harmony into their lives and joy to the life of those in assisted living facilities.
- CRIBBAGE** *Mondays at 2:00 pm.* Cribbage is a card game commonly played with three, four, or more that involves playing and grouping cards in combinations which gain points.
- EUCHRE** *Every other Friday at 6:00 p.m.* \$2.25 Progressive – check the calendar for dates. *Tuesdays at 1:15 p.m.* \$2.00 Progressive, *Thursdays at 12:15 p.m.* \$2.25 Progressive and *Saturdays at noon* \$2.25 Progressive.

GOLF Men's League questions call Bob Taylor 864-3679. Women's League call Lee Montgomery 759-1445 if you have any questions.

HORSE SHOE We have all the equipment needed at SCOR to pitch some shoes!

MAHJONGG *Mondays & Tuesdays at 12:30 p.m.* Come play this tile game. Mahjongg instruction will be taught on the first Thursday of each month at 11:30 a.m. Please contact the office if interested!

PINOCHLE *Mondays at noon* Double Deck.

POOL The pool room with 3 tables, is open to all when SCOR is open. Join the Men's Group on Thursday mornings!

PUZZLES We have a jigsaw puzzle library from 300 to 1,500 pieces.

TABLE TENNIS We have a table tennis set up in the pool room. Come in anytime during regular hours to play!

TEXAS HOLD'EM *Wednesdays at noon and approximately 2:30 and 4:30 p.m.* (\$10 buy-in each game).
Fridays at noon and at 2:30 and 4:30 p.m. (\$5 buy-in each game).

TRIPOLEY *Thursdays at 1:00 p.m.* Come join this group for lots of fun!

MONTHLY EVENTS

BOARD MEETING *First Monday of the month at 2:00 p.m.* Everyone is welcome!

COFFEE SHOP HOP *usually the 3rd Friday at 9:00 a.m.* We load up the van and head to a small coffee establishment for some great coffee and lively conversation!

DANCE *2nd Thursday of most months from 7:00-9:30 p.m.* - \$5 at the door. Join D.J., Burl Hood, the ballroom dancers and the line dancers for an evening of fun and entertainment! Please bring a dish to share with the other dancers.

FOOD & FLICKS *4th Friday of the month meet at 11:00 a.m.* SCOR to take the van to watch a movie that the group selects. Following that enjoy lunch at an area restaurant.

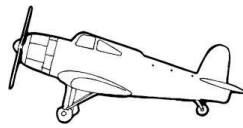
MYSTERY LUNCH Check our calendar for the dates. Sign-up at trip lottery and take the bus to an undisclosed location for lunch (it's free to go but you pay for your own lunch).

NEWSLETTER COLLATION *3rd Wednesday at 11:30 a.m. every other month.* Get your newsletter first and help us get the newsletters out to the other members.

TRIP LOTTERY Usually the *first Monday* of each month at 9:00 a.m. Check your calendar for dates.

W.O.W. SOCIAL CLUB *2nd Saturday of the month at 1:00 p.m.* Widows or Widowers Social Club with potluck lunch and meeting. For more information call Ruth at 740-964-6480.

TRIPS – ON THE ROAD AGAIN!



Sign-up is Monday, January 9th at 9:00 a.m. for January 20, 31, February 3 and 8.

Sign-up is Monday, February 6th at 9:00 a.m. for February 14, 28, and March 1.

Bring your membership card to drop in the container. You may sign up for yourself and one other companion member. All trips that require payment must be paid at time of sign-up. We do maintain waiting lists to try and accommodate everyone. Some trips are “already signed up for” (ASUF) or payment is “on your own” (OYO). New trips are indicated with an (*).

- JAN 13*** **Coffee Shop Hop** leaves at 9:00 a.m. for a local coffee establishment. All are welcome!
- JAN 17** **A Cultural Exploration of Cuba** pre-departure meeting is January 5 at 12:00 noon.
- JAN 20*** **ProMusica Chamber Orchestra Open Rehearsal** is a free trip to watch and listen in on a practice for upcoming events. We leave at 11:45 a.m. with *no* lunch stop.
- JAN 26*** Join **World of Travel** for their presentation on *Southeast Asia Voyage!* This is a once in a lifetime trip to far-away lands. If you have ever wanted to see this part of the world, now is the time. Presentation is at 2:00 p.m.
- JAN 27*** **Food and Flicks** leaves at 11:00 a.m. to catch a current movie and grab some lunch OYO. All are welcome!
- JAN 31*** **Mystery Lunch** will take you to an undisclosed location for a delicious luncheon OYO. We leave at 10:30 a.m.
- FEB 3*** **SRO** presents *Lion in Winter!* The 1966 play depicts the personal and political conflicts of Henry II of England, his wife Eleanor of Aquitaine, their children and their guests during Christmas. The price is \$15 with lunch OYO after the show. We leave at 9:30 a.m.
- FEB 8*** **CATCO** presents *Baskerville: A Sherlock Holmes Mystery!* Sherlock Holmes and Watson try to tackle a madcap mystery farce and chaos ensues. We leave at 10:00 a.m. with a price of \$18.
- FEB 14*** What could be sweeter than winning money on Valentine’s Day. This year we are celebrating **Valentine’s Day at Scioto Downs!** They will give you \$20 free play and \$5 food voucher just for showing up. We leave at 9:30 and the price is free!
- FEB 17*** **Coffee Shop Hop** leaves at 9:00 a.m. for a local coffee establishment. All are welcome!
- FEB 23*** **World of Travel** will be here at 2:00 p.m. to present the upcoming trip, *Freedom Train*. Then at 2:30 p.m. the presentation will be for *Big Bend & Carlsbad Caverns National Park*.
- FEB 24*** **Food and Flicks** leaves at 11:00 a.m. to catch a current movie and grab some lunch OYO. All are welcome!
- FEB 28*** **Mystery Lunch** will take you to an undisclosed location for a delicious luncheon OYO. We leave at 10:30 a.m.
- MAR 1*** **Catco** presents *Sex with Strangers*. Opposites attract when a serious mid-career novelist and an author of dirty (erotic) books meet. He is intrigued by her literary talent and she interested in his commercial success. The price is \$18 and we leave at 10:00 with lunch OYO after the show.
- MAR 1-6,** **Paradise in Punta Cana, Dominican Republic** with its world-renowned white sand beaches, thrilling watersports, lush natural flora and day and night activities, this all-inclusive resort offers you everything for one price. Price starts at \$1599/double.
- JUL 10-15** **The Freedom Train: Boston & Philadelphia** takes you by motor coach and Amtrak on a six day/five night tour through the historic areas of Boston and Philadelphia. Prices start at \$1699/double and \$2199/single. Come to the presentation on February 23 at 2:00 or stop by the office to pick up a brochure for all the details.
- SEP 29-Oct 7** **Big Bend & Carlsbad Caverns National Park** Explore the incredible caverns, magical white sands, and unexplained phenomena of America’s desert Southwest, while staying on real working ranches, eating West Texas barbecue and gazing at stars like you’ve never seen before. Prices start at \$3195/double occupancy. Come to the presentation on February 23 at 2:30 or stop by the office to pick up a brochure for all the details.
- NOV 12-28*** **Southeast Asia Voyage** takes you on a magical journey through Asia aboard the Sapphire Princess. Begin the adventure in Hong Kong, China and explore for a couple of days. The

voyage then takes in Vietnam, Thailand and Singapore along with other important stops. Come to the presentation on January 26 at 2:00 pm to get all the specifics. Prices start at \$5495/double.

MAR 7-18, 2018* The New Panama Canal – Just a sneak peek at exploring the Caribbean and New Panama Canal aboard the Caribbean Princess Cruise Ship. Overnight in Ft. Lauderdale then set off to Princess Cays, Bahamas; Cartagena, Columbia; Panama Canal; Colon, Panama; Limon, Costa Rica; and, Ocho Rios, Jamaica. Prices begin at \$2995/double. The presentation will be April 27 at 2:00 pm.



Director's Corner

Happy New Year! It's cold outside, but it is always nice and warm at SCOR!

With the unpredictable weather this time of year, please be aware of the weather closure rules. If the Reynoldsburg Schools are closed due to weather, we will be closed until 10:00 a.m. That gives our staff time to prepare the parking lot and sidewalks. Of course, use common sense when it comes to going out in icy/snowy weather.

You may notice that this newsletter has all the program descriptions. These will be printed just one time each year in January/February. Keep this issue for future program reference; look programs up online at The City of Reynoldsburg website; or, come to SCOR and pick up a copy of the program descriptions.


The indoor Farmer's Market will be at SCOR on Thursday's from 4-7:00 p.m. so come in and buy local. How about try an exercise class? We are sure to offer one that fits into your schedule. It's time to make your appointment for AARP tax preparation.

Call the office, beginning January 3, to schedule your tax appointment in February, March or April.

Thank you to Nancy Spangler for serving as the Vice President of the Board over the past years. Nancy is going back to her volunteering post so we are looking for a new Vice-President! If you are interested, please contact the office or one of the SCOR Board members.

See you at the Center!

January, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	9 Ball Class 9:30 Quilt Class 10 Total Fitness 12:30 Mahjongg 1:15 Euchre	3 9 SS Cardio & Strength 9:30 Current Events 9:30 Arthritis Exercise 10 SS Cardio & Strength 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	4 9 Woodcarving 10 Total Fitness 11:30 Mahj Instruction 12 Cuba Pre-departure 12:15 Euchre 12:15 Bridge 1 Tripoley	5 9 Tai Chi 9 Watercolor 10:10 Zumba Gold 11:30 Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate Bridge 1:30 Tech n' Teens 1 Canasta 6 BINGO	6 9 Beg Line Dance 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
8	9 9 Trip Lottery 9:30 Glass Class 10 SS Cardio & Strength 10:50 Yoga 11 Arthritis Ex 12 Pinochle 12:30 Mahj 1 Hooks/Needles 1 Stained Glass 2 Board Meeting & Cribbage 4 Line Dance 6 Ballroom	9 9 Ball Class 10 Total Fitness 11:15 Clear Captions Hearing Screen 12:30 Mahjongg 1:15 Euchre	10 9 SS Cardio & Strength 9 Card Craft 9:30 Arthritis & Lighter Side 10 SS Cardio & Strength 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	11 9 Woodcarving 10 Total Fitness 12:15 Euchre 12:15 Bridge 1 Tripoley	12 9 Tai Chi/Watercolor 9 Coffee Shop Hop 10:10 Zumba Gold 11:30 Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate Bridge 1 Canasta 6 Euchre	13 9 Beg Line Dance 10 Int Line Dance 11-1:00 OSHIIP 11:30 SS ROM 12 Euchre 1 Pickle ball 1 WOW
15	16 	9 Ball Class 9:30 Quilt Class 10 Total Fitness 12:30 Mahjongg 1:15 Euchre <i>Cuba Departs</i>	17 9 SS Cardio & Strength 9:30 Current Events 9:30 Arthritis Exercise 10 SS Cardio & Strength 11:50 Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	18 9 Woodcarving 10 Total Fitness 12 Crafting w/ Cookie Silk Scarves 12:15 Bridge 12:15 Euchre 1 Tripoley	19 9 Tai Chi/Watercolor 9 Lawyer Series 10:10 Zumba Gold 11:30 Wire Wrap 11:50 Senior Yoga 11:45 ProMusica 12 Texas Hold'em 12:15 Duplicate Bridge 1 Canasta 6 BINGO	20 9 Beg Line Dance 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
22	9 SS Cardio & Strength 9:30 Glass Class 10 SS Cardio & Strength 10:50 Senior Yoga 11 Arthritis Exercise 12 Pinochle 12:30 Mahj 1 Stained Glass 1 Hooks/Needles 2 Cribbage 4 Line Dance 6 Ballroom	23 9 Ball Class 10 Total Fitness 9-2:00 Foot Care Clinic w/ Heather 11:30 Healthy Heart 12:30 Mahjongg 1 Chorus 1:15 Euchre	24 9 SS Cardio & Strength 9 Card Craft 9:30 Arthritis & Lighter Side 10 SS Cardio & Strength 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	25 9 Woodcarving 10 Total Fitness 12:15 Bridge 12:15 Euchre 1 Tripoley 2 Asia Voyage Present	26 9 Tai Chi/Watercolor 10:10 Zumba Gold 11:00 Food & Flicks 11:30 Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate Bridge 1 Canasta 6 Euchre	27 9 Beg Line Dance 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
29	9 SS Cardio & Strength 9:30 Glass Class 10 SS Cardio & Strength 10:50 Senior Yoga 11 Arthritis Exercise 12 Pinochle 12:30 Mahj 1 Stained Glass 1 Hooks/Needles 2 Cribbage 4 Line Dance 6 Ballroom	30 9 Ball Class 9:30 Quilt Class 10 Total Fitness 10:30 Mystery Lunch 12:30 Mahjongg 1 Chorus 1:15 Euchre		<i>AARP Tax Preparation Begins in February</i> <i>Call the office for your appointment beginning Jan. 3</i>		

February, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9 SS Cardio & Strength 1 9:30 Current Events 9:30 Arthritis Exercise 10 SS Cardio & Strength 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	9 Woodcarving 2 10 Total Fitness 11:30 Mahj Instruction 12:15 Euchre 12:15 Bridge 1 Tripoley 	9 Tai Chi/Watercolor 3 9:30 SRO Lion in Winter 10:10 Zumba Gold 11:30 Beg Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate 1 Canasta 6 BINGO	9 Beg Line Dance 4 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
	5 9 Trip Lottery 9:30 Glass Class 10 SS Cardio & Strength 10:50 Yoga 11 Arthritis Ex 12 Pinochle 12:30 Mahj 1 Hooks/Needles 1 Stained Glass 2 Board Meeting & Cribbage 4 Line Dance 6 Ballroom	6 9 Ball Class 7 10 Total Fitness 12:30 Mahjongg 1 Chorus 1:15 Euchre	7 9 SS Cardio & Strength 8 9 Card Craft 9:30 Arthritis & Lighter Side 10 Catco Baskerville 10 SS Cardio & Strength 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	9 Woodcarving 9 10 Total Fitness 12:15 Euchre 12:15 Bridge 1 Tripoley 2 New Member Information Meeting 7 Dance	9 Tai Chi 10 9 Watercolor 10:10 Zumba Gold 11:30 Beg Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate 1 Canasta 6 Euchre	9 Beg Line Dance 11 10 Int Line Dance 11-1 OSHIP 11:30 SS ROM 12 Euchre 1 Pickle ball 1 WOW
	12 9 SS Cardio & Strength 13 9:30 Glass Class 10 SS Cardio & Strength 10:50 Senior Yoga 11 Arthritis Exercise 12 Pinochle 12:30 Mahj 1 Stained Glass 1 Hooks/Needles 2 Cribbage 4 Line Dance 6 Ballroom	9 Ball Class 14 9:30 Quilt Class 9:30 Scioto Downs 10 Total Fitness 12:30 Mahjongg 1 Chorus 1:15 Euchre	14 9 SS Cardio & Strength 15 9:30 Current Events 9:30 Arthritis Exercise 10 SS Cardio & Strength 11:50 Yoga 12 Texas Hold 12 Texas Hold 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	9 Woodcarving 16 10 Total Fitness 12-3 Kate's Wreath 12:15 Bridge 12:15 Euchre 1 Tripoley	9 Tai Chi/Watercolor 17 9 Lawyer Series 9 Coffee Shop Hop 10:10 Zumba Gold 11:30 Adv Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate 1 Canasta 6 Bingo	9 Beg Line Dance 18 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
	19 	9 Ball Class 21 10 Total Fitness 11:30 NovaCare Sore Shoulders 12:30 Mahjongg 1 Chorus 1:15 Euchre	9 SS Cardio & Strength 22 9 Card Craft 9:30 Arthritis & Lighter Side 10 SS Cardio & Strength 11:30 Newsletter Collate 11:50 Senior Yoga 12 Texas Hold'em 1 Bid Euchre 2 Art 5:30 Tai Chi 7 Pickle Ball	9 Woodcarving 23 10 Total Fitness 12:15 Bridge 12:15 Euchre 1 Tripoley 2 Freedom Train 2:30 Big Bend/Carlsbad	9 Tai Chi/Watercolor 24 10:10 Zumba Gold 11 Food & Flicks 11:30 Beg Wire Wrap 11:50 Senior Yoga 12 Texas Hold'em 12:15 Duplicate 1 Canasta 6 Euchre	9 Beg Line Dance 25 10 Int Line Dance 11:30 SS ROM 12 Euchre 1 Pickle ball
	26 9 SS Cardio & Strength 27 9:30 Glass Class 10 SS Cardio & Strength 10:50 Senior Yoga 11 Arthritis Exercise 12 Pinochle 12:30 Mahj 1 Stained Glass 1 Hooks/Needles 2 Cribbage 4 Line Dance 6 Ballroom	9 Ball Class 28 9-2:00 Foot Care Clinic w/ Heather 9:30 Quilt Class 10 Total Fitness 10:30 Mystery Lunch 12:30 Mahjongg 1 Chorus 1:15 Euchre				