



**Youth Basketball Rules
8U League
Revised 9/2015**

The following are modifications made within the City of Reynoldsburg Youth Basketball Leagues. All other rules will be governed by the Ohio High School Athletic Association (OHSAA) Basketball Rules. All players must be registered with a signed release form by his/her parent or guardian before being eligible to participate. **The City of Reynoldsburg Parks & Recreation Department reserves the right to modify any rule as deemed necessary.**

A. General

1. **Games format:** All games will be played in a 5 v 5 format.
2. **Cancellations:** Should questionable weather develop, please call the activity status hotline: 614.322.6834. When Reynoldsburg Schools are cancelled and/or closed, there are no practices/games.
3. **Start Times:** All game & practice times are played as scheduled.
4. **Forfeits:** There will be no forfeits in this league. If a team has less than 5 players, the coaches will make the necessary moves so that each team has enough on the floor & the game is played. The site supervisor will help determine the set-up of the game & have the final say on all adjustments.
5. **Scores:** Game scores will not be kept for this league. The scoreboard will be used for time only. There will be no standings or end of season tournament as the focus will be placed on skill development & fun.
6. **Game Length:** Games will consist of four (10) minute quarters, running clock. Since game scores will not be kept, there will be no overtime periods.
7. **End of Quarters/Half:** Teams will be given (5) minutes at half time. Half time may be shortened if games are behind. Teams will be given (1) minute between quarters.
8. **Timeouts:** Teams will be allowed (1) thirty second timeout per game.
9. **Awards:** All players will receive an end of season participation certificate.

B. Uniform and Jewelry

1. **Uniform:** All players are to wear the shirt provided by the Parks & Recreation Department. The shirt is not to be altered in any way (adding names, cutting off sleeves, etc.)
2. **Shoes:** Tennis shoes must be worn for all games and practices.
3. **Jewelry:** For the safety of all involved, participants will not be permitted to wear any sort of jewelry, including earrings, rings, necklaces, watches, bracelets, hair beads, hard hair barrettes or accessories. These items may NOT be taped. They must be removed in order to participate.

C. Playing Time and Substitution

1. Each participant must play a minimum of (1) full & uninterrupted quarter per half. This should be monitored by the head coach of each team.
2. Substitutions – Teams **must** designate a set group of players to play each quarter. Those players should play for that entire quarter. The **only** other time a player may sub into the game will be for a player injury or if a player fouls out.

D. Equipment

1. All teams will use a junior size basketball.
2. All games will be played on 8 foot rims.
3. Practices will be on 10 foot rims (due to various logistics)

E. Free Throw Line: Teams will shoot free throws from the 12 foot line, aka – the closest marked line.

F. Time in the Lane: 5 seconds but teams should be issued one warning before a change of possession.

G. Over & Back: Over and back will be called but each team will receive one warning before change of possession.

H. Defense

1. All teams are required to play man to man defense the entire game. Defense has to stay below the top of the key (and within the three point arc if there is one) which should allow the offensive team to “set-up”.
 - i. Help-side defense is permitted. If the ball is on one side of the court and the player being guarded is on the opposite side, the defensive player may move into a help-side position. S/He must still “shadow” the movement of the offensive player they are guarding (must be in a position to recover).
 - ii. Teams are not permitted to double team a player at any point.
 - iii. There is no full court pressing allowed.
 - iv. Coaches should work together to match up players of similar skill level & height.

I. Fouls and Ejections

1. **Personal Fouls:** Fouls will be kept by the scorekeeper. Each player is entitled to 5 personal fouls per game before being disqualified. Note: Technical fouls called on players count as personal fouls.
2. **Bonus and Double Bonus:** Bonus will apply on the 7th team foul in each half. Double bonus will apply on the 10th team foul in each half
3. **Technical Fouls**
 - i. **Players:** Any player receiving a technical foul will be disqualified for the remainder of that half. Should a player receive 2 technical fouls in the same game, s/he will be ejected and suspended a minimum of 1 game (the next scheduled or played game) upon review of League Management. Any player who receives multiple technical fouls in the same season (2 or more) is subject to removal from the League.
 - ii. **Coaches:** Any coach (head or assistant) who receives a technical foul will be given a minimum 1 game suspension. Any coach (head or assistant) who receives 2 technical fouls in the same game will be asked to leave the gym immediately before play may resume. Any coach who receives two technical fouls will be suspended for the rest of the season.
4. **Ejections:** Any player, head coach, assistant coach, or spectator that has been ejected from a game must immediately leave the premises or the game will be forfeited. Ejections will result in a minimum 1 game suspension (cannot come to the gym) upon review of League Management.

J. Sportsmanship: Good sportsmanship is required. It is expected that all team personnel (coaches, assistant coaches, team attendants, and players) and spectators will conform to sportsmanlike behavior at all times. Violations such as the following will not be tolerate and will result in immediate ejection from the game and premises by staff or officials:

1. Verbal or physical abuse towards officials, game day staff, coaches, participants, or spectators.
2. Foul, profane or obscene language or gestures.
3. Violation of Coaches' and/or Parents' Code of Ethics.

K. Bench: Each team is permitted to have only 1 head coach, 1-2 assistant coaches, and their players on the team bench. Both the 1 head coach and 1-2 assistant coaches on the bench must have a completed background check. Per OHSAA Rules, only the head coach may speak to the officials & only the head coach may stand during the game. All assistant coaches must stay seated during the game.

L. Gym Rules: Coaches are responsible for their teams and spectators whenever they are in the gyms. No one should be in the hallways, classrooms or on the stage at any facility at any time.

Food and beverage is not permitted in any school gym. Please help us keep school property in good order.

The main objective of the 8U Youth Basketball League is to provide basic basketball instruction and build players' skills.